



# CdLS Foundation

Cornelia de Lange Syndrome Foundation, Inc.  
*Reaching Out, Providing Help, Giving Hope*

## CdLS Foundation Contact:

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Cornelia de Lange Syndrome Foundation  
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## **London Woman Racing in NYC Marathon to Raise Awareness, Funds for Rare Disorder**

London, England – (October 23, 2013) Sarah Zaman, of London, England, is preparing a trip across the pond for the ING New York City Marathon on November 3. Zaman is running in hopes of raising awareness and funds for the Cornelia de Lange Syndrome (CdLS) Foundation, as one of the seven runners on Team CdLS in the New York City race.

“A couple of years ago I ran the London Marathon for breast cancer research and it was one of the most rewarding personal experiences I ever had,” said Zaman. “It has always been a dream of mine to run the NYC Marathon for a wonderful charity. I read a lot about Team CdLS and it is a wonderful cause.”

Though Zaman doesn't have an association with the CdLS Foundation, she wanted to participate in the marathon while also supporting other families as a charity runner.

“I am lucky enough to have a healthy 2-year-old boy and I don't want to be one of those people who sits on the sidelines when their child is healthy and only becomes active for certain causes when it personally affects them,” said Zaman. “I feel really blessed to have a healthy boy but I know that so many families are not so lucky and require a lot of support.”

For more information about the CdLS Foundation, or to make a donation, call the CdLS Foundation at 800-753-2357 or visit [www.cdlsusa.org](http://www.cdlsusa.org).

### About CdLS

Cornelia de Lange Syndrome occurs in about 1 in 10,000 births. An estimated 20,000 people in the U.S. have CdLS but remain undiagnosed and/or without support services. Individuals with CdLS range from mildly to severely affected, though most have similar physical characteristics including small size, hands and feet; thin eyebrows that meet in the middle; long eyelashes; an upturned nose; and thin, downturned lips. Some individuals have limb differences, including missing fingers or arms. Common medical problems include GERD, bowel obstruction, hearing loss, and congenital heart defects. Early diagnosis and intervention are essential to ensure proper management of related medical issues.

### About the Foundation

Founded in 1981, the Cornelia de Lange Syndrome Foundation is a national family support organization that exists to ensure early and accurate diagnosis of CdLS, promote research into the causes and manifestations of the syndrome, and help people with a diagnosis of CdLS and their families make informed decisions throughout their lifetime.

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